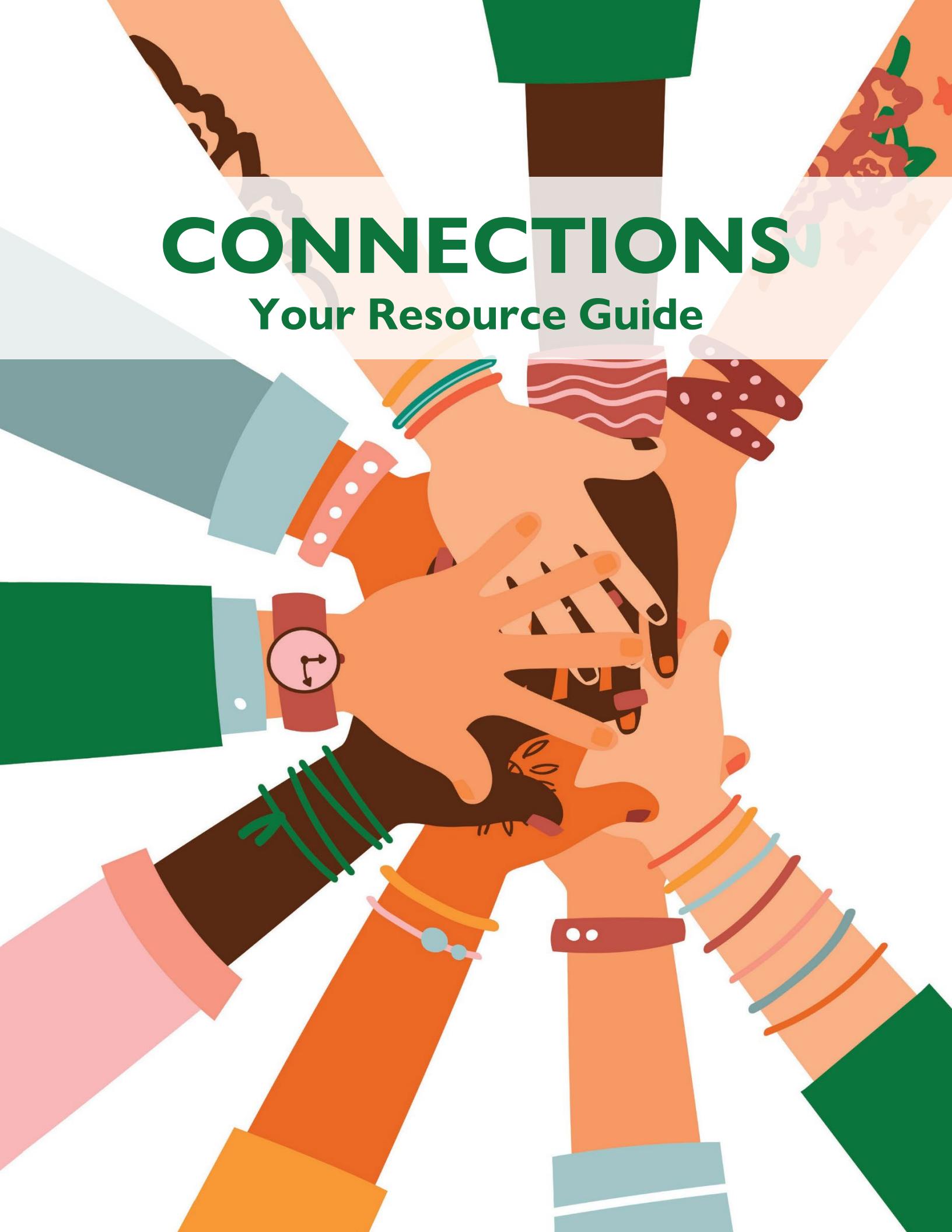


# CONNECTIONS

## Your Resource Guide



## Good Samaritan Law

The goal of the Massachusetts Good Samaritan Law is to protect people, so they are not afraid to involve emergency services as soon as possible.

Passed in 2012, the Massachusetts Good Samaritan Law encourages someone who witnesses an overdose to seek help from professionals by providing the caller, and the person who overdosed, protection from civil liability, arrest, and prosecution for drug possession.

*MGL Chapter 94C Section 34*

**If you or someone you love is  
struggling with substance misuse,  
mental health, or other concerns,  
this is your resource guide to connect  
to the services and support you  
deserve.**

You don't have to do it alone. Your local boards of health, police, fire, and school departments have partnered to help you connect to resources in our communities.

# Emergency Hotlines

## Medical Emergencies

Call 911

## 988 Suicide & Crisis Lifeline

Call or text 988

Call: 1-800-273-TALK (8255)

## Lowell Emergency Psychiatric Service

24-hour Crisis Team: 978-455-3397

## Vinfen Mobile Crisis Children, Youth, and Adults in Crisis or in Need of Support

24-hr Crisis Line: 866-388-2242

Call 978-674-6744

## LGBTQIA+ National Help Center Hotline & Online Programs

National Hotline (for all ages): 888-843-4564

Free, confidential, peer support, resources.

More info provided further

## Veterans Crisis Line

Call: 1-800-273-8255, press 1. Text 838255

## MA Substance Use 24/7 Helpline Info/Education

Call: 800-327-5050 or text the only statewide public resource helpline: HOPE to 800327

Above Services and Supports for Youth and Young Adults

[https://helplinemass.org/treatment-recovery/\\_youth-young-adult-services/](https://helplinemass.org/treatment-recovery/_youth-young-adult-services/)

## Behavioral Health Help Line

Call: 833-773-2445

<http://www.masshelpline.com/chat>

For deaf and hard of hearing:

Contact Mass Relay @711

## MA Poison Control Center

Call: 800-222-1222

## Substance Abuse and Mental Health Services Administration (SAMHSA)

24/7/365 Free and confidential helpline and treatment locator 1-800-662-HELP(4357)  
<http://www.samhsa.gov/find-treatment>

## Massachusetts DPH/BSAS Office of Youth and Young Adult Services

Services, support, and resources for youth and young adults.  
250 Washington Street, 3rd Floor, Boston MA  
Call: 617-624-5111

## Massachusetts Behavioral Health Access (MABHA)

Call: 800-495-0086 or 617-790-4000

## Pre- and Post-Natal Support

## Youth Support

### Support for Pregnant Women

#### Moms Do Care, Lowell

Call 978-934-8220

#### Well Connected

Find financial assistance, food pantries, medical care, and other free or reduced-cost help. Visit [www.wellconnected.net](http://www.wellconnected.net)

### Postpartum Depression

#### Massachusetts PSI Warm Line

Call 866-472-1897

#### Community Behavioral Health Centers/ Mobile Crisis Intervention (Centros Comunitarios de Salud Conductual / Intervención Móvil en Crisis)

Support available in 105 languages  
Call: 877-382-1609

## VA Services

#### New England VA Outreach

Call 1-844-VA-CARES (822-2737)

<http://www.newengland.va.gov/outreach>

#### VA Bedford Health Care

Call 781-687-2347

Urgent Care 781-687-2654

#### Lowell Vet Center

10 George Street, Lowell 978-453-1151

### Youth Withdrawal Management & Stabilization

#### MYR-Motivating Youth Recovery

Male and female, ages 13-18

26 Queen Street, Worcester Call: 508-860-1244

### Youth & Young Adult Residential Programs

#### Goodwin House

Male, ages 13-17

187 Fairview Avenue, Chicopee, MA  
Call: 413-316-1645

#### STEPS Lowell House Addiction and Recovery

Gender-inclusive, ages 13-17

Reading, MA  
Call: 978-459-8656

#### Cornerstone Recovery

Female, ages: 16-25

59 South Street, Ware, MA  
Call: 413-758-4050, Ext. 680

#### Grit House

Male, ages 18-26

Springfield, MA  
Call: 844-MHA-WELL

#### Pegasus House Drug & Alcohol Treatment Centers and Resources

Female, ages 18-25

482 Lowell Street, Lawrence  
Call: 978-687-4257

# Substance Disorder Treatment

## Alcoholics Anonymous Meetings in MA

### Search Boston AA Meetings

<http://www.aabosmeetings.org/search.aspx>

### Alcoholics Anonymous

[www.aa.org](http://www.aa.org)

## Inpatient/ Residential Treatments for Substance Use Disorders

### Megan's House

Female, ages 18-26

32 Berry Road, Lowell

Residential treatment substance use as primary disorders.

26 beds total. Call 978-455-6973 for availability.

### Erin's House

Female, 8 beds

58 Gummpus Road, Dracut

Call 978-606-9908 for availability.

### Lowell Strive

Male, ages 16-21

785 Merrimack Street, Lowell

Must be committed to Department of Youth Services.

12 beds total. Call 978-454-3006 for availability.

## Lowell House Addiction Treatment and Recovery

Male and female.

Call: 978-459-8656

## Intensive Outpatient Program (IOP) and Structured Outpatient Addiction Program (SOAP)

### Lowell House Addiction Treatment & Recovery SOAP

101 Jackson Street, 4th Floor, Lowell

Call: 978-459-8656

### Trinity Care Associates

100 Merrimack Street, Suite 205, Lowell

Call: 978-455-0756

## Emerson Hospital Addiction Services

Call: 978-287-3520

## Outpatient Treatment

### Column Health

77 East Merrimack Street, Lowell

Call: 339-368-7696

### Institute for Health and Recovery Inc.

97 Central Street, Unit 207, Lowell

Call: 617-661-3991

### Lowell Community Health Center Inc.

161 Jackson Street, Lowell

Call: 978-937-9700, Ext. 6730

### CleanSlate Centers

Tewksbury, MA

Call: 781-348-9041

## Medication for Opioid Use Disorder (MOUD)

### Elm Tree Clinic

12 Wood Street #2, Lowell

Call: 978-341-4144

### Lowell General's Bridge Clinic

33 Bartlett Street, Suite 108, Lowell

Call: 978-934-8494

# Sober Housing

## A New Life Sober Living

Male, 6 beds

841 Bridge Street, Lowell

Call 413-977-9726 for availability.

## Rise Above Lowell

Female, 9 beds

111 Chestnut Street, Lowell

Call 978-490-0215 for availability.

## Carl's Place

Male, 10 beds

35 Burns Street, Lowell

Call 978-328-4051 for availability.

## Erin's House

Females, 8 beds

58 Gummupus Road, Dracut

Call 978-606-9908 for availability.

## Freddy's House

Males, 14 beds

612 Bridge Street, Lowell

Call 978-967-5340 for availability.

## Paul's Place

Males, 12 beds

12 Nesmith Street, Lowell

Call 978-967-5340 for availability.

## Hanover House

Males

200 Moody Street, Lowell

Call: 978-459-8656, Ext. 143

## Middlesex Recovery, P.C. (MAT)

Accepts MassHealth

Chelmsford

Call: 978-455-0807

## Living House

Male

174-176 Crosby Street, Lowell

Call: 978-656-1882

## Saving Grace

Female

65 Harvard Street, Lowell

Call 978-459-8656 for availability.

## Stepping Stones Sober House

Male, 13 beds

233 Appleton Street, Lowell

Call 800-947-2443 for availability.

## Sober House Directory

<http://www.soberhousedirectory.com/>

## 12-Step Programs

## Support Groups

### Family Support Groups

#### Al-Anon/Alateen

[www.ma-al-anon-alateen.org](http://www.ma-al-anon-alateen.org)

#### Nar-Anon

[www.naranonctma.org](http://www.naranonctma.org)

#### Families Anonymous

[www.familiesanonymous.org](http://www.familiesanonymous.org)

#### Handhold

Guiding your child's mental health journey  
[www.handholdma.org](http://www.handholdma.org)

#### Wicked Sober

[www.recoverycentersofamerica.com](http://www.recoverycentersofamerica.com)

### Programs & Other Anonymous Support Groups

#### Recovery Café

20 Williams Street, Lowell  
Call: 978-677-6087

#### The Bridge Club of Greater Lowell

33 East Merrimack Street, Lowell  
Call: 978-454-6191

### Listing of Local Narcotics Anonymous Meetings

Call: 866-624-3578

Press option 3 for today's meetings.

<http://www.nerna.org>

**12 Step Meeting Locations Can Be Found by  
Downloading the Meeting Guide App**

#### Lowell General Hospital

Call: 978-937-6000

#### Emerson Hospital

Call: 1-978-369-1400

#### Domestic Violence Education Handbook

Created by: Westford Coalition for Non-Violence  
(WCNV)

**Please call your local police department for assistance with domestic violence.**

# Mental Health Services

## Lowell Vet Center

10 George Street, Lowell  
Call: 978-453-1151

## Arbour Counseling Services

21 George Street, Lowell  
Call: 978-453-5736

## The Mentor

22 Old Canal Drive, Lowell  
Call: 508-521-2200

## Bridgewell Counseling Services

35 Market Street, Lowell  
Call: 978-459-0389

## Center for Family Development

81 Bridge Street, Suite 215, Lowell  
Call: 978-459-2306

## Elliot Community Services

86 Baker Avenue Extension, Suite 100, Concord  
Call: 978-369-1113

## DMH Lowell Site Office

55 Technology Drive, 2nd floor, Lowell  
Call: 978-322-5000

## Institute for Health and Recovery

97 Central Street, Suite 207, Lowell  
Call: 866-705-2807

## Lowell Community Health Center

161 Jackson Street, Lowell  
Call: 978-221-6730

## Vinfen Behavioral Health

40 Church Street, Lowell  
Call: 978-674-6744

## Trinity Care Associates

100 Merrimack Street, Suite 205, Lowell  
Call: 978-455-0756

## Wayside's Community Service Agency

75 East Merrimack Street, Lowell  
Call: 978-349-4161

## Vincent Behavioral Health

40 Church Street, Lowell  
Call: 978-674-6744

## Justice Resource Institute Inc. Metro West Behavioral Health

360 Massachusetts Avenue, Suite 103, Acton  
Call: 978-264-3500

## Trauma & Family Integration

144 Merrimack Street, Suite #302, Lowell  
Call: 978-677-7823

## New England Center for Healthy Minds

289 Great Road, Suite G1, Acton  
Call: 978-679-1200

## Vinfen's Youth Quake Teen Access Center

167 Dutton Street, Lowell  
Call: 617-404-5505

## William James College Interface Referral Service

Call: 888-244-6843

*Westford and Acton are a part of this referral program:*

## Boundaries Therapy Center

518 Great Road, Acton  
Call: 978-263-4878

## LGBTIA+ Resources

### LGBTQIA+ National Help Center Hot Line & Online Programs

Free confidential peer-support, local resources, and much more provided to everyone from young people to seniors.

National Hotline: 888-843-4564, all ages

Youth Hotline: 800-246-7743, age 25 max

Senior Hotline: 888-234-7243, age 50+

### National Coming Out Support Hotline

Call: 888-OUT-LGBT (888-688-5428), all ages

### LGBT National Help Center Lesbian, Gay, Bisexual Transgender Near Me

The largest collection of resources

<https://www.lgbtnearme.org/>

### The Trevor Project

World's largest suicide and crisis intervention for young LGBTQ lives.

Call: 1-866-488-7386

Text START to 678678

Or [chat online](#).

### Reach a counselor

If you're struggling, find answers, get tools or help someone else.

We provide support for LGBTQIA+ 24/7/365.

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## Created by Dracut Health Department

in coordination with

Dracut Police, Fire, and School Departments

Westford Health Department

& Coalition WCNV

*For more information, please contact your local health department.*



**Download the Brave App**

